

# Medella

## HOME PHYSIO & OT

# FREE Occupational Therapy Pop-Up Clinic



Every other **Friday** at **RAPID MOBILITY**  
99a High Street, Poole, BH15 1AJ

Join **Medella Home Physio & OT**, older persons and complex disability specialists, for a free drop-in advice clinic at **Rapid Mobility Poole**. Our occupational therapists take a holistic view, identifying barriers to the activities that matter most and offering practical advice to rebuild your independence, confidence and daily routines, whether you're recovering from a hospital stay, managing a long-term condition or supporting a loved one.

### What to expect on the day

- ✓ Tips for easier and safer daily living
- ✓ Home adaptation guidance
- ✓ Choosing the right mobility aid or equipment
- ✓ Signposting to local services, grants, entitlements and further assessments.

Call or check the website for dates

📄 [private-physio.co.uk](https://private-physio.co.uk) 📞 01425 490151

# Home Physiotherapy & Occupational Therapy

ESTABLISHED 2010 | FAMILY-RUN & LOCAL

Our highly experienced, HCPC-registered clinicians provide expert physiotherapy and occupational therapy across Hampshire, Dorset and Wiltshire. We support people with a wide range of needs, including rehabilitation, neurological and respiratory conditions, orthopaedic recovery, joint pain, mobility difficulties, and age-related concerns, all in the comfort of your own home or care home.



## **We Come to You**

Physiotherapy and occupational therapy in the comfort of your own home, making support easier, more convenient, and more personal.



## **Real-World Rehabilitation**

By seeing you at home, we can better understand everyday challenges and create practical treatment plans that support recovery, confidence, and independence.



## **Experienced & Trusted**

All of our clinicians are highly experienced, DBS checked, and HCPC registered, combining professional expertise with a kind, respectful, and personal approach.

Private home visits | Contact us for fees

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